

Peer Support for Parents and Carers of Children with Dyslexia – Free Online Event

Are you a parent/carer of a child with dyslexia? Would you like the opportunity to chat online with others who are in a similar position? To swap hints and tips and support each other through challenging times?

Join Dyslexia Sparks' free online support group – **Thursday 27th January 10-11am** – for an open discussion on parenting dyslexic children AND to discover how to join a new online chat forum created specifically for YOU.

Dyslexia Sparks is delighted to launch a new Facebook group for parents/carers of children with dyslexia. Led by one of our Charity Champions and one of our Sparks parents, Sandra Botham, this new online peer support group is created by you for you. The chat forum will be an online community for parents/carers: a space to go for emotional support from others with similar experiences; and to ask for and share practical hints and tips. It will also provide a supportive space for parents that are new to dyslexia who may be feeling lost or overwhelmed.

January's support session will share details of how to access the new Facebook group, provide the chance to share your thoughts on what you would like to see from the online forum and to chat with other parents/carers of dyslexic children.



We'll also be welcoming Sandra as our guest speaker. We're incredibly lucky that Sandra will be leading the new peer support Facebook group. Sandra will share her experiences of when she first suspected her son had dyslexia; how she would have found an online peer support page so helpful then – and now; and why she is excited to be involved in creating this for our Sparks community.

This session will be of interest to any parents/carers of dyslexic children who would like the opportunity to virtually meet others in a similar position and to gain access to a Dyslexia Sparks' new Facebook peer support group.

Dyslexia Sparks is Hull and East Yorkshire's only registered charity for dyslexia and associated specific learning difficulties. The session is held as part of our free, monthly online parent support group which often features particular topics and guest speakers.

Places are free but limited and must be booked in advance to receive the online meeting link. For further details and to book, please visit our [Eventbrite page](#) or contact us directly at nicola.markham@dyslexia-sparks.org.uk.